

# LUNCHES OCTOBER 2017

Mon	Tue	Wed	Thu	Fri
2 Chicken Nuggets Mashed Potatoes & Gravy Fresh Broccoli Wheat roll & jelly Fruit Cocktail Fruit Choice (9-12)	3 Supreme Nachos Ice burg & Tomato Refried beans Salsa Apple wedges Fruit Choice (9-12)	4 Baked Ham Mashed Potatoes w\ gravy Green beans Biscuit & Jelly Peaches Fruit Choice (9-12)	5 Hamburger on a bun Romaine & Tomato Fries Strawberries & banana's Whole wheat Cookie (K-12) Fruit Choice (9-12)	6 Chili Carrot & Cucumber Sticks Orange smiles Fruit choice (9-12)
9 Hot ham & cheese on a bun Potato wedges Fresh Broccoli Apple wedges Fruit Choice (9-12)	10 Chicken patty on a bun Fries Green beans Orange wedges Fruit choice (9-12)	11 Soft Taco Romaine & tomato, salsa Refried beans Black Bean & Corn salsa (9-12) Tortilla chips (9-12) Sliced pears Fruit Choice (9-12)	12 Hamburger Pizza Tossed Salad w\ Romaine Tomato wedges Fresh Banana Fruit choice (9-12)	<b>NO SCHOOL</b>
16 Beef & Bean Burrito Romaine & tomato & Salsa Corn Corn Tortilla Chips (9-12) Sliced Peaches Fruit Choice (9-12)	17 Country fried steak Mashed Potatoes & Gravy Broccoli & cheese Wheat roll & jelly Orange smiles Fruit Choice (9-12)	18 Pulled Pork on a Bun Sweet potato fries Baked beans Banana Oatmeal cookie (9-12) Fruit choice (9-12)	19 Deli turkey sandwich Romaine lettuce & Tomato Oven Fries Strawberries Fruit Choice (9-12)	20 Macaroni & Cheese Meatballs Green beans Carrot sticks Apple wedges Whole Wheat roll / Jelly Fruit choice (9-12)
23 Crispy Chicken salad Savory rice Corn Fruit cocktail Fruit Choice (9-12) Banana cake	24 Corn Dog Tator tots Garden Salad Apple wedge Fruit Choice—(9-12)	25 Baked Potato w\ chili & cheese Carrot stick Oatmeal Muffin Square Whole wheat roll (9-12) Banana Fruit Choice (9-12)	26 Chicken Fajita \ Salsa Tomato & ice burg lettuce Corn Tortilla Chips Refried Beans Orange wedges Fruit choice (9-12)	<b>NO SCHOOL</b>
30 Chicken Tetrizzini Tossed salad w Romaine Steamed carrots Whole wheat roll Strawberries Fruit Choice (9-12)	31 Pork Rib on a bun Romaine & Tomato Tator tots Green beans Orange wedges Apple crisp (5-12) Fruit choice -(9-12)			USDA is an equal opportunity provider and employer